

Those living with Diabetes should see a  
Diabetes Educator  
Dietitian  
Podiatrist  
and  
Optometrist  
**every year**  
for a review and ongoing assessment  
and support.



## Diabetes Education



### FOR MORE INFORMATION CONTACT:

#### Community Health Department

Swan Hill District Health

**Address:** 125 Campbell St, Swan Hill

**Phone:** (03) 5033 9337

**Fax:** (03) 5036 4561

**Email:** [chreception@shdh.org.au](mailto:chreception@shdh.org.au)

**Web:** [www.shdh.org.au](http://www.shdh.org.au)

go to Referrals tab on above website.

<http://eatmovesmile.shdh.org.au>



A profile of our services  
and those in our community



## Diabetes Services

8:30am—5.00pm  
Monday to Friday  
125 Campbell Street, Swan Hill, 3585



## Services by Swan Hill District Health

If you have diabetes the following Health Professionals can help you:

**Diabetes Educators:** provide support, education, guidance and skills training to help you and/or your carer understand your diabetes, prevent or delay complications, use your medications effectively and safely, and monitor your blood glucose levels using the latest technologies including Continuous Glucose Monitoring.

A Credentialed Diabetes Educator is qualified to provide clients with consistent high quality diabetes education and care.

### **Endocrinology Service: For people living with Type 1 and Type 2 diabetes**

This diabetes specialist service is in partnership with The Royal Flying Doctors Telehealth Service and Baker IDI Heart and Diabetes Institute.

This is a fee for service via video consultation.

The service is accessed with the Credentialed Nurse Diabetes Educator at Community Health, 125 Campbell St Swan Hill.

A referral from your GP is needed. The Endocrinologist will communicate directly to your usual GP.

**Call 5033 9337 for information or appointment**

## Services by Swan Hill District Health

**Dietitians** can help those living with diabetes learn about a healthy eating pattern that will help to manage body weight, blood glucose and cholesterol levels.

**Podiatry:** All people living with diabetes should see a Podiatrist every year for assessment and advice regarding daily foot care and footwear.

**Physiotherapists & Exercise Physiologists** can assist those with diabetes to lead a safe and active life, and also assist with exercise for weight loss.

**Counselling :** phone: 5033 9880

**Dental Service:** phone: 5033 9336

### Appointments

For an appointment with the Diabetes Educator or Dietitian at **Community Health**

**125 Campbell St. Swan Hill**  
phone **5033 9337**.

For an appointment with a health service Podiatrist, Physiotherapist or Exercise Physiologist at **Allied Health**, phone **5033 9390**.

A small fee applies to these services.

Your GP is able to make a referral to our service or you can self-refer on our website:

<https://www.shdh.org.au/referrals/>



*Community Health*

## Other local services

### **National Diabetes Supply Scheme:**

Diabetes Supplies, such as blood glucose testing strips, needles and lancets, are available at:

<b>Marraboor Pharmacy</b>	McCrae Street
<b>Priceline Pharmacy</b>	Campbell Street.
<b>Lake Boga Pharmacy</b>	Lake Boga.
<b>Nyah West Pharmacy</b>	Nyah West.

Registration with the NDSS is required to purchase supplies.

### **Medical:**

#### **Swan Hill Primary Health Medical Centre**

31 High Street, Swan Hill, phone: 5033 9900

Splatt Street, Swan Hill, phone: 5033 1711

**Mallee District Aboriginal Services** phone: 5032 8600

70 Nyah Road, Swan Hill

### **Optometrists:**

Swan Hill Optical      phone: 5033 1424

Quinn & Co Eyecare      phone: 5032 2764