

Help lines

Swan Hill District Health Counselling Service
(03) 5033 9880

Australian Community Support Organisation
(ACSO) 1300 022 760

DirectLine 1800 888 236

EMERGENCY SERVICES 000

Life Line 13 11 14

Suicide Helpline 1300 651 251

Mental Health Crisis Assessment
1300 363 788

Family Drug Support 1300 660 068

Drug Information 1300 858 485

Family Violence 1300 368 186

FOR MORE INFORMATION CONTACT:

Department

Swan Hill District Health Counselling Service

Address

13 Pritchard Street , Swan Hill

Phone: (03) 5033 9880

Fax: (03) 5033 9889

Email: CReception2@shdh.org.au

Web: www.shdh.org.au



Swan Hill District Health
Counselling Service
13 Pritchard Street
Swan Hill
Phone 5033 9880



Pritchard Street Services

Services provided

- Relationships / family
- Grief and loss
- Stress and anxiety
- Depression mild / moderate
- Psychological First Aid for Trauma Management
- Smoking Cessation
- Family Violence Support
- NSP - needle exchange
- Alcohol and other Drug Counselling
- Interpreter service available

Services provided

- Clinical support within a team approach.
- Care Co-ordination for complex cases.
- Collaboration with GP's, other mental health services and agencies.
- Face to face, phone and telehealth options available.

Group training available:

- Standard Mental Health First Aid (MHFA)
- Youth MHFA
- Older Persons MHFA
- ASIST (Applied Suicide Intervention Skills

Training)

Service Criteria

- Free & confidential service
- Self referral via Swan Hill District Health website
- GP / Mental Health Nurse referrals
- ACSO referrals

Staff

- Administration officers
- Counsellors
- Mental Health Nurse